

BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

National Service Scheme (NSS)

NSS cell at University level:- The National Service Scheme covers students at the level of higher education. Thus the administrative structures of the higher education have the responsibility of looking after NSS and its implementation at the university level. The successful functioning of NSS cell at University level will give impetus for proper implementation of NSS in the unit level.

<u>Aims</u>

The overall aim of National Service Scheme as envisaged earlier, is to give an extension dimension to the higher education system and orient the student youth to community service while they are studying in educational institution. The educated youth who are expected to take the reins of administration in future are found to be unaware of the problems of the village/slum community and in certain cases are indifferent towards their needs and problems.

Therefore it is necessary to arouse the social conscience of the students, and to provide them an opportunity to work with the people in the villages and slums. It is felt that their interaction with the common villagers and slum dwellers will expose them to the realities of life and bring about a change in their social perception.

Objectives

The broad objectives of NSS are to:

- (i) Understand the community in which they work
- (ii) Understand themselves in relation to their community;
- (iii) Identify the needs and problems of the community and involve them in problem solving process;
- (iv) Develop among them a sense of social and civic responsibility;
- (v) Utilize their knowledge in finding practical solution to individual and community problems;
- (vi) Develop competence required for group living and sharing of responsibilities;

- (vii) Gain skills in mobilizing community participation;
- (viii) Acquire leadership qualities and democratic attitude;
- (ix) Develop capacity to meet emergencies and natural disasters and
- (x) Practice national integration and social harmony.

The Motto, NSS Symbol & Badge, NSS Day

The Motto

The motto or watchword of the National Service Scheme is: 'NOT ME BUT YOU'. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day programme.

NSS Symbol

The symbol of the National Service Scheme, is based on the 'Rath' wheel of the Konark Sun Temple situated in Orissa. These giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun-chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and upliftment.

NSS Badge

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme of community service. The Konark wheel in the symbol has eight bars which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for service of the nation round the clock i.e. for 24 hours. The red colour in the badge indicates that the NSS volunteers are full of blood i.e. lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind.

NSS Day

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate programmes and activities.

Classification of NSS Programme

NSS activities have been divided in two major groups. These are regular NSS activities and special camping programme.

- (a) Regular NSS Activity: Under this, students undertake various programmes in the adopted villages, college / school campuses and urban slums during weekends or after college hours;
- (b) Special Camping Programme: Under this, camps of 7 days duration are organised in adopted villages or urban slums during vacations with some specific projects by involving local communities. 50% NSS volunteers are expected to participate in these camps.

NSS Regular Activities: As stated above, NSS volunteers undertake various activities in adopted villages and slums for community service. Duration of these services is 120 hours. The NSS units organise the regular activities as detailed below:

- (i) Orientation of NSS volunteers: To get the NSS volunteers acquainted with the basics of NSS programmes, 20 hours are allocated for their orientation through lectures, discussions, field visits and audio-visuals etc.
- (ii) Campus Work: The NSS volunteers may be involved in the projects undertaken for the benefit of the institution and students concerned. Such projects cover development of play grounds, laying of gardens, tree plantation in the premises, awareness programmes on drugabuse, AIDS, population education etc. The NSS volunteers may work on campus projects for not exceeding 30 hours in a year;
- (iii) The remaining 70 hours will be utilized for community service on the projects in adopted villages/urban slums independently or in collaboration with others in this field, as detailed below:
- (a) Institutional work: The students may be placed with selected voluntary organisations working for the welfare of women, children, aged and disabled outside the campus.
- (b) Rural Project: The rural projects generally include the working of NSS volunteers in adopted villages for eradication of illiteracy, watershed management and wasteland development, agricultural operations, health, nutrition, hygiene, sanitation, mother and child care, family life education, gender justice, development of rural cooperatives, savings drives, construction of rural roads, campaign against social evils etc.

- (c) Urban Projects: In addition to rural projects other include adult education, welfare of slum dwellers, training in civil defence, traffic control, setting up first-aid posts, work in hospitals, orphanages, destitute home, environment, population education, drug, AIDS awareness, and income generation projects etc. Professional and technical institutions having NSS may have to design appropriate programmes for the community based on the needs.
- (d) Natural calamities & National Emergencies: The NSS units are expected to utilize the services of NSS volunteers at the time of natural calamities and national emergencies for mobilizing public support and rendering necessary assistance to the authorities in rescue, relief and rehabilitation. In such emergencies and calamities the Programme Officers are expected to take the initiative and offer the services of the NSS units and its volunteers to assist the administration.
- (e) National Days and Celebrations: The National Service Scheme programmes also include the celebration of National days. The purpose of such a provision is to celebrate such occasions in a befitting manner.

It is pertinent to mention here that NSS Volunteers have come forward with zeal to make all programmes a great success.

Implementation of NSS Programmes

1. NSS Unit

An institution will be allotted NSS units according to the strength of students. The number of units will be allotted by the Programme Coordinator in consultation with NSS Regional Centre and State Liaison Officer considering the demands of the institution. It is expected that the institution will provide necessary facilities for the successful running of the NSS unit because it is a part of the institution

- (a) The strength of a unit will be 100 NSS volunteers normally. The strength of the NSS unit can be extended up to 120 volunteers in exceptional cases where second unit cannot be raised due to constraints. It is always preferable that a separate unit is started instead of enrolling more NSS volunteers.
- (b) In exceptional cases where the total strength of students enrolled is very small, a smaller NSS unit can be started with the strength of 75 NSS volunteers.

2. Enrolment of NSS Volunteers

At college level the NSS volunteers will be enrolled from the first and second year degree-class students. Preference should be given to the students who have worked as NSS volunteers at undergraduate as well as +2 levels also.

- (a) Students belonging to minority communities, scheduled castes and scheduled tribes should be encouraged to participate in NSS. They should be given due representation where more students desire to join NSS.
- (b) In co-educational colleges the girls should be motivated to join NSS.
- (c) The students from foreign countries studying in Indian universities should also be encouraged to join NSS so that they may share the experiences of national reconstruction and community work.
- (d) NCC cadets will not be allowed to join NSS. Similarly NSS volunteers will not participate in NCC or any other youth organization as long as they are in NSS. Same restriction will apply to the NSS Programme Officers also.

NATIONAL SERVICE SCHEME (AWARDS)

	Top Position in Inter-College Extra Curricular Events			
Sr.No.	Year	Name of the Event	Position	Type of Event
[1]	[2]	[3]	[4]	[5]
1	2016-17	The Best Rally Program Awarness Award by Nss State Cell Tamilnadu Govt	1	National Level
2	2015-16	Nss Best Volunteers Award in state Cell Tamilnadu	1	National Level
3	2014-15	Environmental Awarness Award/Tamil nadu Govt	1	National Level
4	2014-15	The Best Rally Program Awarness Award by Nss State Cell Tamilnadu Govt	1	National Level
5	2013-14	"Green Campus initiative" by EXNORA	2	National Level
6	2013-14	National Education Excellence-2014 by World Education congress	1	International Level
7	2013-14	National Education Excellence-2014 by ASSOCHAM	1	International Level
8	2013-14	Health Care Centre Award By Tamilnadu	1	National Level
9	2012-13	Best Institution award received from govt of Tamilnadu for Blood Donation camp.	1	National Level
10	2012-13	Best Contributer Award by Corpoaration of Chennai	1	National Level
11	2011-12	Best NSS-Cordinator Award by NSS State Cell-Tamilnadu	1	National Level

NATIONAL SERVICE SCHEME 2017-18-ACTIVITIES

S.NO	REGULAR AND SPECIAL CAMP ACTIVITIES
1.	The World Milk Day was celebrated on 1 st June2017 at Bharath Institute of Higher Education and Research.
2.	The World Environmental Day was celebrated by planting trees on 5 th June 2017 at Bharath Institute of Higher Education and Research.
3.	The World Blood Donors Day was remembered on 14 th June 2017 at Bharath Institute of Higher Education and Research.
4.	Medical Camp was conducted on 18 th June 2017 at Bharath Institute of Higher Education and Research.
5.	Seminar on "AWARNESS IN BLOOD DONATION" was conducted on 19 th June 2017 at Bharath Institute of Higher Education and Research.
6.	Blood Donation Voluntarism Registrationwas conducted on 20 th June 2017 at Bharath Institute of Higher Education and Research.
7.	The International Yoga Day was remembered on 21 st June 2017 at Bharath Institute of Higher Education and Research.
8.	Blood Donation Camp was conducted on 28 th June 2017 at Bharath Institute of Higher Education and Research.
9.	On Doctor's Day, Medical checkup was held at Bharath Institute of Higher Education and Research on 1 st July 2017.
10	Inauguration day function was held at Bharath Institute of Higher Education and Research on 10 th July 2017.
11	World Population Day was remembered on 11 th July 2017 at Bharath Institute of Higher Education and Research.
	World International Day of Justice was conducted on 17 th July 2017 at Bharath Institute of Higher Education and Research.
13	NSS Orientation Program was conducted on 18 th July 2017 at Bharath Institute of Higher Education and Research.
14	Bharath Institute of Higher Education and Research's Playground was Cleaned on 19 th July 2017

15	Bharath Institute of Higher Education and Research's Playground was Cleaned on 20 th July 2017
16	Seminar on "Global Warming" was conducted on 24 th July 2017 at Bharath Institute of Higher Education and Research.
17	Blood Donation Camp was conducted on 27 th July 2017 at Bharath Institute of Higher Education and Research.
18	.Work Shop on cleaning awareness was conducted at Thiruvencherry village on 30 th July 2017
19	Clean India Pledge &SwachhtaShapath was held atBharath Institute of Higher Educatio and Research on 1 st August 2017.
	Seminar on "SwachhtaShapath" was given at Bharath Institute of Higher Education and Research on 2 nd August 2017.
21	Clean India was conducted at Thiruvencherry village on 3 rd August 2017
22	Clean India was conducted at Thiruvencherry village on 4 th August 2017
23	Clean India was conducted at Venkambakkam village on 5 th August 2017
24	Clean India was conducted at Venkambakkam village on 6 th August 2017
	Clean India was conducted at Mappedu village on 7 th August 2017
26	Clean India was conducted at Selaiyur village on 8 th August 2017
27	Clean India was conducted at M.G.R Nagar on 9 th August 2017
28	Clean India was conducted at Bharath Nagar on 10 th August 2017
29	University campus cleaning & Tree Plantation was held at Bharath Institute of Higher Education and Research on 11 st August 2017.
30	University campus cleaning & Tree Plantation was held at Bharath Institute of Higher Education and Research on 12 th August 2017.
31	University campus cleaning & Tree Plantation was held at Bharath Institute of Higher Education and Research on 13 th August 2017.
32	University campus cleaning & Tree Plantation was held at Bharath Institute of Higher Education and Research on 14 th August 2017.
33	Independence day Celebration was Celebrated at Bharath Institute of Higher Education and Research on 15 th August 2017.
34	Seminar on "INDIA TOWARDS" was conducted at Bharath Institute of Higher Education and Research on 21 st August 2017.
35	Blood Donation Camp was conducted at Bharath Institute of Higher Education and Research on 24th August 2017.
36	National Sports Day was held at was conducted at Bharath Institute of Higher Educationand Research on 21 st August 2017.

37.	Eye Donation & Screening Camp was held on was conducted at Bharath Institute of Higher Education and Research on 30 th August 2017.
38.	Clean Campus Day was held at Bharath Institute of Higher Education and Research campus on 1 st September 2017
39.	Clean Hostel Day was held at Bharath Institute of Higher Education and Research hoste on 2 nd September 2017
40.	On Green Campus Day trees are planted at Bharath Institute of Higher Education and Research campus on 3 rd September 2017
41.	Clean Mess Day was conducted at Bharath Institute of Higher Education and Research on September 4 th 2017
42.	Essay Contest on Teachers day was conducted on ThiruvencherryGovt school for students on 5 th September 2017
43.	On Clean Surroundings DayBharath Institute of Higher Education and Research campu Surroundings was cleaned on 6 th September 2017
44.	Bharath Institute of Higher Education and Research's students where participated in Rally For Riverson 7 th September 2017
45.	Cleanliness& Health awareness Program was held at Bharath Institute of Higher Education and Research on 8 th September 2017
46.	System of cleaning&Study of garbage cleaning system in public space Program was he on Bharath Institute of Higher Education and Research on 9 th September 2017
47.	Visit to Orphanages from Bharath Institute of Higher Education and Research's student was held on 10 th September 2017
48.	Cleanest Hostel Room Contest was conducted on 12 th September 2017 at Bharath Institute of Higher Education and Research
49.	Elocution Contest on Health And Hygiene was conducted on Bharath Institute of Higher Education and Research on 13 th September 2017
50.	Closing Ceremony for SwachhtaShapath was conducted at Bharath Institute of Higher Education and Research on 14 th September 2017
51.	Selection test for first year volunteers was conducted on 19 th September 2017 at Bharat Institute of Higher Education and Research
52.	Orientation program for first year NSS volunteers was held on 22 nd September 2017 at Bharath Institute of Higher Education and Research
53.	NSS day events where conducted on 25 th September 2017 at Bharath Institute of Highe Education and Research
54.	NSS day events where conducted on 26 th September 2017 at Bharath Institute of Highe Education and Research
55.	World tourism Day was held on 27 th September 2017 at Bharath Institute of Higher

	Education and Research
56.	NSS day was celebrated on 29 th September 2017 at Bharath Institute of Higher Education and Research
57.	Communal Harmony Day was held on 2^{nd} October 2017 at Bharath Institute of Higher Education and Research
	World Animal Welfare Day was held on 4 th October 2017 at Bharath Institute of Highe Education and Research
59.	Seminar on "VOLUNTARY BLOOD DONATION" was conducted on 6 th October 2017 at Bharath Institute of Higher Education and Research.
60.	Seminar on "Malaria and Dengue Awareness" was held on 9 th October 2017 at Bharath Institute of Higher Education and Research
	NSS Volunteers' Day was celebrated on 15 th October 2017 at Bharath Institute of High Education and Research
	World Food Day was held on 16 th October 2017 at Bharath Institute of Higher Education and Research
	Seminar on "Food Safety" was conducted on 19 th October 2017 at Bharath Institute of Higher Education and Research
	World Tsunami Day was remembered on 5 th November 2017 at Bharath Institute of Higher Education and Research
	Legal Service Day was held on 9 th November 2017 at Bharath Institute of Higher Education and Research
	National Education Day was celebrated on 11 th November 2017 at Bharath Institute of Higher Education and Research
	National Children Day was celebrated at VengampakkamGovt school on 14 th November 2017
	National Constitution Day was held on 26 th November 2017 at Bharath Institute of Higher Education and Research
	Blood Donation Camp was held on 28 th November 2017 at Bharath Institute of Higher Education and Research
	Seminar on "AIDS Day Awareness" was given on 1 st December 2017 at Bharath Institute of Higher Education and Research
	World Handicap Day was held on 3 rd December 2017 at Bharath Institute of Higher Education and Research
	Workshop of Global Warming was conducted on 6 th December 2017 at Bharath Institu of Higher Education and Research
	Human Rights Day was conducted on 10^{th} December 2017 at Bharath Institute of High Education and Research

74.	UNICEF Day (United Nations International Children's Education Fund) was conducted on 11 th December 2017 at Bharath Institute of Higher Education and Research
75.	National Mathematics Day was conducted on 22 December 2017 at Bharath Institute of Higher Education and Research
76.	National Farmer's Day was held on 23 rd December 2017 at Bharath Institute of Higher Education and Research
77.	Seminar on "India Towards" was conducted on 27 th December 2017 at Bharath Institute of Higher Education and Research
78.	World Peace Day was held on 1 st January 2018 at Bharath Institute of Higher Education and Research
79.	National Bird's Day was celebrated on 5 th January 2018 at Bharath Institute of Higher Education and Research
80.	World War Orphan Day was held on 6 th January at Bharath Institute of Higher Education and Research
81.	Workshop on "Social Awareness" was conducted on 9 th January 2018 at Bharath Institute of Higher Education and Research
82.	National Youth Day was celebrated on 12 th January 2018 at Bharath Institute of Higher Education and Research
83.	Army Day was held on 15 th January 2018 at Bharath Institute of Higher Education and Research
84.	Blood Donation Camp was held on 23 rd January 2018 at Bharath Institute of Higher Education and Research
85.	National Voter's Day was held on 25 th January 2018 at Bharath Institute of Higher Education and Research
86.	Republic Day Celebration was celebrated on 26 th January 2018 at Bharath Institute of Higher Education and Research
87.	Martyr Daywas remembered on 30 th January 2018 at Bharath Institute of Higher Education and Research
88.	World Cancer Day was held on 4 th February 2018 at Bharath Institute of Higher Education and Research
	Blood Donation Camp was held on 8 th February 2018 at Bharath Institute of Higher Education and Research
90.	International Mother Language Day celebrated on 21 st February 2018 at Bharath Institute of Higher Education and Research
	National Science Day was celebrated on 28 th February 2018 at Bharath Institute of Higher Education and Research
92	Dental Camp on "Dentist Day" was held on 6 th March 2018 at adopted village

	Kovilancherry
93.	International Women Day Celebration was held on 8 th march 2018 at Bharath Institute of Higher Education and Research
94.	On National Plant A Flower Day plants where planted at Bharath Institute of Higher Education and Research on 12 th march 2018
95.	NSS Special Camp was conducted at KovilamcherryGovt school for seven days betwee 21 st March 2018 to 27 th march 2018 by Bharath Institute of Higher Education an Research's NSS volunteers.
96.	Blood Donation Camp was held at Bharath Institute of Higher Education and Research on 3 rd April 2018
97.	Seminar on "World Health Day" was conducted on 7 th April 2018 at Bharath Institute of Higher Education and Research
	International Earth Day was celebrated by planting trees on adopted villages of Bharath Institute of Higher Education and Research on 22 nd April 2018
	World Malaria Daywas held on 25 th April at Bharath Institute of Higher Education and Research
100	Seminar on "Workers day" was conducted on 1 st may 2018 at Bharath Institute of Highe Education and Research
101	Seminar onNational Renewal Day on 4 th May 2018 at Bharath Institute of Higher Education and Research
	World Red Cross Day was celebrated on 8 th May 2018 at Bharath Institute of Higher Education and Research
103	Blood Donation Camp was held on 15 th May 2018 at Bharath Institute of Higher Education and Research

NATIONAL SERVICE SCHEME 2016-2017 ACTIVITIES

S.NO	REGULAR AND SPECIAL CAMP ACTIVITIES
1	Blood Camp 2016-2017
	Blood Donation camp was conducted on 30thAugust 2016 at "BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH SELAYIUR
2	Blood Donation Voluntarism Registration
	Blood Donation Voluntarism Registration held on 1st October 2016 at SELAIYUR
3	Medical Camp 2016-2017
	The Free Comprehensive Health Check-Up Camp Was Held on 13th AUGUST 2016 at "Thiruvencherry" Village and Jointly Organized Lions Club of Tambaram Unit and Saveetha Dental College and Hospital Chennai.
4	Support for Jallikattu
	Jallikattu protest held on 17th Jan 2017 at Bharath Institute of Higher Education And Research
5	Voting pledge
	VOTING PLEDGE held at BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH SELAIYUR ON 25th January 2017
6	Orientation Program
	Orientation program on Revolution in Volunteerism was Held on 8thFeburary 2017 at Bharath Institute of Higher Education And Research Selaiyur, Chennai.
7	Science Day Rally
	Science Day Rally was held on 28thFebruary 2017 at Vengambakkam Village on the Day our NSS UNIT creating awareness among public.
8	University Campus Cleaning
	Nss Volunteers Cleaning the University Campus on 2nd march 2017 at Bharath Institute of Higher Education And Research, Chennai
9	Women's day celebration
	Women's day Celebration Held on 8thMarch 2017 at Bharath Institute of Higher Education And Research

10	World Water Day Rally
	World Water Day Rally Program Held on 21st MARCH 2017 at Besant Nagar.
11	Special Camp
	Special Camp Held at Paduvancherry ,Vengambakkam ,Thirvencherry on 21st March 2017-27th March 2017
12	Self Defense Work shop Self Defense Program held at Bharath Institute of Higher Education and research on 22 nd march 2017.
13	Polio Drops
	Polio Drop Camp was Held at "Bharath Institute of Higher Education and Research" on 2ndApril 2017

NATIONAL SERVICE SCHEME 2015-2016 ACTIVITIES

S.NO	REGULAR AND SPECIAL CAMP ACTIVITIES
1	BLOOD DONATION CAMP
	Blood Donation Camp was held at "BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH" on 29th July 2015
	"ACT AS IF WHAT YOU DO MAKES A DIFFERENCE. IT DOES."
2	General Medical Camp
	Free Medical Camp was conducted by Bharath Institute of Higher Education And Research Nss Cell& Jointly Conducted by Lions Club Tambaram In our University Campus on 13th August 2015.
3	Polio Drops
	Polio drops camp was held at "BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH" on 22nd January 2016.
4	SVEEP CAMPIGN 2016
	Sveep Camp held at Bharath Institute of Higher Education And Research on 14thMarch 2016. Our NSS Coordinator R.Karthikeyan and S.P.Vijayaragavan along with our Students during the camp.

6	7 Days Special camp held at Vengambakkam on 16thMarch – 22ndMarch 2016. Tree Plantation
	NSS Volunteers planting the trees during the camp on 30th March 2016.

NATIONAL SERVICE SCHEME 2014-2015 ACTIVITIES

S.NO	REGULAR AND SPECIAL CAMP ACTIVITIES
1	Polio Drops
	Polio drop camp was held at "BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH" on 18th January 2015
2	Voter Awareness Day
	Voting awareness rally was held at "TAMBARAM MUNICIPALITY" on 23 January 2015
3	Voter Pledge
	VOTER'S PLEDGE DAY was held at "BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH" on 25th January 2015
4	NSS Special Camp
	Special camp was held at "VENGAMBAKKAM, BHARATH NAGAR" on 24th march 2015 -30th march 2015.
5	Tree Plantation
	Tree Plantation was Conducted on 26 th march 2015 on Bharath Nagar, Selaiyur.
6	Cleaning Campus
	Cleaning the school campus on 27 th march 2017 at vegampakkam Village,kanchipuram district